

Anxiety Disorders

Support agency	Website address	Phone number(s)	Illness	Support
SANE (Australia)	http://www.sane.org/	(61) 03 9682 5933	<ul style="list-style-type: none"> Anxiety disorders Obsessive-compulsive disorder 	Factsheet and podcasts page presents condition specific information http://www.sane.org/information/factsheets_%2b_podcasts.html
RANZCP	http://www.ranzcp.org	(61) 03 9640 0646	<ul style="list-style-type: none"> Panic disorder Agoraphobia 	Consumer and Carer Clinical Practice Guidelines http://www.ranzcp.org/resources/clinical-practice-guidelines.html
Mental Illness Fellowship (Australia)	http://esvc000144.wic027u.server-web.com/	(61) 03 84864200 Helpline: (61) 03 84864222	<ul style="list-style-type: none"> Obsessive-compulsive disorders Anxiety disorders 	Fact sheets and information, resources and research material http://esvc000144.wic027u.server-web.com/
Health Navigator (New Zealand)	http://www.healthnavigator.org.nz/		<ul style="list-style-type: none"> Anxiety 	Fact sheets, pamphlets, symptoms, tests and diagnosis information, clinical resources, self help measures, treatment and medication details, support services and links http://www.healthnavigator.org.nz/
Resource finder (New Zealand)	http://www.mentalhealth.org.nz/resourcefinder/listings/search/		<ul style="list-style-type: none"> Mental health related topics 	
<i>Beyondblue</i> (Australia)	http://www.beyondblue.org.au	1300 22 4636	<ul style="list-style-type: none"> Anxiety 	Information and links to anxiety http://www.beyondblue.org.au
The Phobic Trust of New Zealand	http://www.phobic.org.nz/	(64) 09 846 9776 24 hour support line: 0800 14 Anxiety 0800 142694389	<ul style="list-style-type: none"> Anxiety disorders 	Community and family support groups Anxiety disorder clinics
Agoraphobic Support Group (Canterbury, New Zealand)		(64) 03 374 9893	<ul style="list-style-type: none"> Anxiety disorders 	Support groups
Social Phobia Support Group (Canterbury, New Zealand)		(64) 03 377 9665	<ul style="list-style-type: none"> Anxiety disorders 	Support groups